$\qquad$ to $\qquad$ :

|  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |

Pencil in weekly mileage, then daily mileage on desired \# of days run. As you progress through the chart, pen in actual mileage. Total weekly mileage to the right of each row.

